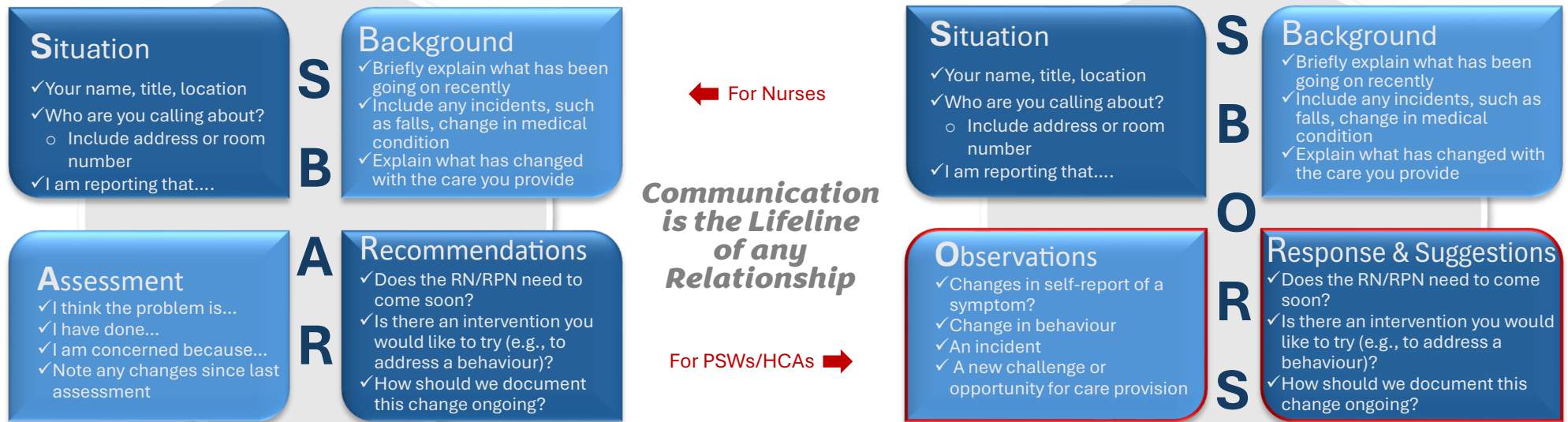


SBAR & SBORS Communication Tools

Originally created for use in the military, the **SBAR (Situation, Background, Assessment & Recommendation)** is a tool that provides a standardized way to facilitate important and clear communication between team members. In healthcare, the SBAR is typically used for communication between nurses and physicians.

Seeing the need for a similar communication tool for non-nursing providers, [HPC Consultation Services](#) adapted the SBAR tool to create the **SBORS (Situation, Background, Observations, Response and Suggestions)** tool. Use of the SBORS tool is taught as part of our **Advanced Palliative Practice Skills (APPS)**¹ course for Personal Support Workers (PSWs) and Health Care Aides (HCAs).



Since poor communication, and lack of awareness, can play a role in adverse patient outcomes, the SBAR/SBORS tools are recommended to assist health care providers in organizing their thoughts and recording all pertinent details when communicating with other providers. Nurses and PSWs are often the eyes and ears for other providers, so thorough capturing of patient information is paramount for successful outcomes.

When to Use the SBAR/SBORS	Preparing for SBAR/SBORS Reporting	Where to find the SBAR/SBORS Tools
<ul style="list-style-type: none"> • Handing off a patient between shifts • Transferring a patient • Reporting a patient's declining condition, etc. 	<ul style="list-style-type: none"> • Assess the patient using the OPQRSTUV • Read the most recent physician and nursing notes • Review the patient's MAR and PRNS used • Have the patient chart available 	<p>SBAR fillable form - https://hpcconnection.ca/wp-content/uploads/palliative-care-sbar-communication-tool-fillable.pdf</p> <p>SBORS fillable form - https://hpcconnection.ca/wp-content/uploads/sbors_fillable.pdf</p>

Reference
1. Hospice Palliative Care (HPC) Consultation Services – Advanced Palliative Practice Skills (APPS): <https://hpcconnection.ca/education/courses/ww-hpc-courses/apps/>