

# Hospice Palliative Care Tip of the Month – April 2023

# Accessing Evidence-Informed Palliative Care Resources

## As palliative healthcare providers, having access to evidence-informed resources is critical

#### **Ensuring high-quality care:**

Evidence-informed resources enable healthcare providers to provide the most up-to-date and effective care to their patients. This ensures that patients receive the best possible care, which can improve their quality of life, manage symptoms, and reduce suffering.

## **Enhancing decision-making:**

Evidence-informed resources provide healthcare providers with a basis for making informed decisions about patient care. This can help providers choose the most appropriate interventions and treatments and avoid potentially harmful or ineffective treatments.

# **Supporting patient and family education:**

Palliative care often involves complex medical and social issues, and patients and their families may have many questions and concerns. Evidence-informed resources can help providers answer these questions and provide education about disease processes, treatment options, and end-of-life care.

Overall, access to evidence-informed resources is essential for providing high-quality palliative care that is patient-centred, effective, and compassionate. Virtual information hubs can be accessed nearly anywhere at any time and can be vital resources for palliative healthcare providers.

#### **Enhancing communication and collaboration:**

Evidence-informed resources can help facilitate communication and collaboration between healthcare providers, patients, and their families. By providing a common basis for understanding, these resources can help ensure that everyone is on the same page and working together towards the best possible outcomes.

#### We recommend these excellent virtual resources:

- Canadian Virtual Hospice
- Ontario Palliative Care Network
- Health Quality Ontario
- HPC Consultation Services

7

1