



Fundamentals of HPC Core

Course Details

Fundamentals of HPC is about care providers developing comfort in discussing all aspects of dying and death, and by becoming aware of the issues in each of the domains (disease management, physical, psychological, social, spiritual, end-of-life care / death management and loss and grief) that may impact persons and families living with life-threatening illness, formal caregivers are prepared and then challenged to apply strategies that can facilitate a change in the illness experience of those living with dying.

Team members, depending on their specific responsibilities and accountabilities, play complementary and vitally important roles on the team. Learners enrolled in the program gain an understanding of the roles and responsibilities of various team members and gain insight into the importance of effective communication and effective team function in supporting the person and family as they journey with progressive illness.

This educational program is a seven-week (typically), interactive, introductory- level palliative care course ideal for any health care provider or volunteer who supports those with life-limiting illnesses. This Case-Based Learning (CBL) program provides opportunities for participants to apply their knowledge to real-world scenarios.

See [Fundamentals Course Synopsis](#)

Course Content:

- Introduction to Dying and Death
- Introduction to Hospice Palliative Care
- Disease Management Domain
- Physical Domain
- Psychological Domain
- Spiritual Domain
- Social Domain
- Practical Domain
- End-of-Life Care and Death Management Domain

Course Objectives:

Participation will assist learners to:

- demonstrate sensitivity, understanding and respect for the individuality of the person, family and team/caregivers
- identify and understand issues associated with illness and bereavement (Domains of Issues)
- effectively communicate with the person, family and team
- recognize and report changes in any of the Domains of Issues Associated with Illness and Bereavement
- provide hospice palliative supportive care strategies
- actively learn and develop personally, and contribute as part of a team and organization
- demonstrate sensitivity to the impact of personal attitudes, behaviours and values on the illness experience of the person, family and team/caregivers

Course Expectations

Fundamentals is typically a 7-week program. Participation in all aspects of the program is mandatory to receive a certificate. During the Fundamentals course, learners must:

- **Attend all 3 Case-Based Classroom Sessions:** Learners are present for each session and actively participate in activities and discussions
- **Complete Self-Directed Reading**
 - Fundamentals Program Guide (Chapters 1-11)
 - Fundamentals e-Learning Modules (11)
- **Participate in two Peer-to-Peer Exchanges:** Learners connect with a peer to enable collaborative learning and shared solution finding
- **Complete one Reflective Activity:** This is an opportunity for learners to individually reflect on meaning making in one's life