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Course Overview

Pain assessment, management, and evaluation are foundational skills for nurses working in any practice setting. Since these skills are often not thoroughly covered in nursing programs, the EPM course aims to equip nurses with a foundational knowledge base and skills around pain management, from a palliative care approach, that can be applied to your practice. **The focus of this course is on the pharmacological management of pain.**

Intended Audience

EPM has been **designed to benefit and appeal to all classes of nurses** who care for adults living with life-threatening or life-limiting illnesses. EPM is designed to allow you to set your own learning pace as you enhance foundational knowledge, interact with evidence-informed tools and resources to complete case-based activities, and engage in one or more coaching sessions designed to be responsive to your individual pain-related learning needs.

Why EPM?

- Peer-reviewed, evidence-informed and up-to-date course content
- Facilitation and mentorship by experienced local palliative care nurse consultants
- Successful completion of EPM prepares learners to meet the palliative care competencies for Nurses as outlined in the [Ontario Palliative Care Competency Framework](#) and [Canadian Interdisciplinary Palliative Care Competency Framework](#)

For more details,
please review:
[EPM Content & Objectives](#)

Course Details

This **online** course is provided using D2L's Brightspace Learning will be required to use a computer, tablet, or smart phone with camera to allow for two-way communication between coaches and [Technology Requirements](#)

Cost: \$40.00
Non-refundable

The course fee includes the EPM course and the additional AMP Module Preparation

EPM Course

You will have a minimum of six weeks to complete the course. To receive an EPM certificate, you must:

- complete the four modules **online and**
- attend one 90-minute, mandatory **online** coaching session. *The option to engage in multiple coaching sessions is left to your discretion.*

Optional Module

Advanced Approaches to Manage Pain (AMP) Preparation

Following EPM, you will have automatic access to the online AMP Preparation Module to explore advanced pain management.

Following successful completion of the AMP Preparation module, and the AMP module quiz, you'll earn your AMP Preparation badge. At that time, you will be invited to register for the 3-hour, in-person AMP coaching session. To receive an AMP certificate, you must complete:

- the online AMP Preparation Module
- one mandatory 3-hour, in-person, AMP coaching session with case-based activities to practice your skills

Available Courses

Within 3 business days of registering for EPM, you will be contacted by Brightspace with login details for the learning platform.

Winter 2024	
Course Enrollment	Feb 12, 2024 - Apr 29, 2024
Coaching Sessions	Begin Feb 27, 2024
Course Work to be Completed	Jun 30, 2024
Registration	Register Now

- **Registration priority** is given to those working in Waterloo Wellington
- **Full Participation** is mandatory to receive a certificate.
- **Course/Class Cancellations/Changes** - [Learn more>](#)
- **Course IPAQ Requirements** - [Learn more>](#)

For more information, contact:
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