

COVID-19 Palliative Care Resources for All Health Care Sectors

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Website Updates

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HPC Consultation Services
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Communication

- General
 - Advance Care Planning & Health Care Consent
 - [COVID-19 Goals of Care \(GoC\) Conversation Resources \(sector specific\)](#) – SpeakUp Ontario
 - Communication Aids for Health Care Providers
 - [COVID Ready Communication Playbook – Vital Talk](#)
 - [When Families Can Not Be Present at The Time of Death](#) (55 min) - HPCO
 - [COVID-19 Guide for Inclusive Language for Written and Digital Content](#)
- Geriatric
 - [Communication Tips for Clinicians Caring for Older Adults Experiencing Delirium](#) – RGP

Resources for Individuals & Families

- General
 - [COVID-19 Resources for Patients & Close Contacts](#) – WW IPCN/OH West
 - [Speaking with a Mask On](#) - TASC
 - [How to Help Your Patient Connect with Loved Ones During COVID 19 Pandemic: Tips and Ideas for Virtual and Non-Virtual Connection](#)
- Geriatric
 - [How to Prevent and Support Delirium in an Older Adult in Hospital or a Care Home, When You Can't Visit in Person](#) – RGP
 - [Thinking About Removing Your Older Loved One from Long Term Care During COVID19?](#) – CanAge
- Pediatric:
 - [How to Talk to Children About the Coronavirus Pandemic](#)
 - [Tips for Kids and their Caregivers during COVID-19](#) – London Children's Hospital
 - [COVID-19 Learning Hub](#) – SickKids
 - [COVID-19](#) – CHEO

Disease Management

- General
 - [Treating Patients with Serious Illness and a Limited Prognosis](#) - Resources for Clinicians, in Waterloo Wellington
 - [COVID-19: Clinical and Practical Guidance for Primary Care Providers](#) – CEP
 - [Coronavirus Disease](#) – Public Health Agency of Canada
- Geriatric
 - [Dementia Isolation Toolkit](#) – UHN
 - [Resource Toolkit: Providing Palliative and EOL Care for Residents in LTC During the COVID-19 Pandemic](#) – OPCN
- Pediatric
 - [COVID-19 Information and Resources for Paediatricians](#) – CPS Symptom Management
 - [COVID-19 and the Care of Children with Chronic Diseases](#) –Project Echo, Hospital for Sick Children

Symptom Management

- General
 - [Non-Pharmacological EOL Symptom Management Reference Tool for Community During COVID-19](#)
 - [Emotional, Spiritual & Compassionate Care during the COVID-19 Pandemic Webinars](#) – HPCO
 - [Strategies for Potential Shortages in PC Medications During COVID](#)
 - [Protocols for Symptom Management of Patients with COVID-19](#) – McMaster
 - [Management of Dyspnea for Patients with COVID-19](#) – McMaster

- [Palliative Sedation Therapy Protocol for COVID-19 Pandemic](#) – McMaster
- [Symptom Management for Adult Patients with COVID-19 Receiving End-of-Life Supportive Care Outside of the ICU](#) - OPCN
- [End-of-life care in the Emergency Department for the patient imminently dying of a highly transmissible acute respiratory infection \(such as COVID-19\) and Appendix](#) – CAEP
- Geriatric
 - [Non-Pharmacological End of Life \(EOL\) Symptom Management Reference Tool for LTCHs During COVID-19](#)
 - [Considerations for Preventing and Managing Delirium in Older Adults During the Covid-19 Pandemic, Across the Care Continuum](#) – RGP

Loss & Grief

- General
 - [Grief, Dying, and Death During a Pandemic Blog](#) - Wellbeing Waterloo Region
 - [Grief & Bereavement during the COVID19 Pandemic](#) - CLLT
 - [Resources for Professionals Providing Grief and Bereavement Services During and Following the COVID-19 Pandemic](#) - OPCN

End-of-Life Care & Death Management

- General
 - [Managing Expected Death in the Death in the Home During COVID-19](#) - OPCN
 - [After Death Care: Health Care Provider Guidance for Close Contacts](#)
 - [Procedure for Removal of Deceased from Hospitals and Long-Term Care facilities](#) – BAO
- Geriatric
 - [End of Life and After Death Care Considerations](#) for LTCHs - HPC Consultation WW
 - [Managing Respiratory and EOL Symptoms for Frail Elderly with COVID-19](#) – Baycrest/ UofT
 - [Management of Respiratory Distress at EOL care in COVID 19 for Residents in LTC](#) - HPCO
 - [Managing Respiratory Symptoms of COVID-19 at End-of-Life: A Primer for Frontline Staff Webinar](#) - HPCO

Self Care & Resilience

- Debriefing Resources
 - [Supporting Staff Through a Pandemic: A toolkit for Congregate Care Settings](#) (WWIPHC, CHMA, HPC)
 - Communication, Grief, Mindfulness
 - Learn How to Facilitate Well-Being Debriefings within Your Organization – CAPC
 - [Part 1](#) (1h1m)
 - [Part 2](#) (59m)
- General
 - [Here 24/7](#) - Addictions, Mental Health & Crisis Services Waterloo – Wellington
 - [Here4Help](#)
 - Here4Help Waterloo Region
 - [Wellness Quick Reference Guide](#) - WW Grief, Mental Health and Addiction Services for Healthcare Workers
 - [Virtual Cognitive Behaviour Therapy \(iCBTP\)](#) - Beacon Digital Therapy (iCBT) *Free
 - [COVID-19: Mental Health and Wellbeing](#) – CMHA
 - [30-Minute Drop-in Mindfulness Sessions](#) – Pause 4 Providers
 - [Emotional and Psychological Challenges Faced by Frontline Health Care Providers During the COVID-19 Pandemic](#) - CPA
 - [Mental Health Concerns during COVID-19 Webinars](#) - Mental Health Works *Free
 - [Staying Resilient During a Pandemic](#) – Headington Institute
 - [Self Care Strategies During Coronavirus](#)
 - [Guide to Well-being during Coronavirus](#) – Greater Good Science Centre
 - [Tips for health-care workers: How to get better sleep during COVID-19](#)
 - [Three Steps to Coping with Anything \(including COVID 19\)](#)
 - [Tips for health-care workers: Coping at work and at home during COVID-19](#)
 - [COVID-19 Resilience Support Toolkit](#) – HHS
- Geriatric
 - [Supports for LTC Staff During COVID-19](#) – CLRI

Virtual Health Care

- General
 - [Adopting and Integrating Virtual Visits into Care:](#) - HQO
 - [Applying Virtual Models to Palliative Care in the Context of COVID-19](#) - Ontario Health and Ontario Telemedicine Network (OTN)
 - [Important COVID-19 Information and Update](#) - Ontario Telemedicine Network (OTN)
 - [Telepractice Guideline](#) - CNO
 - [Telehealth Etiquette Toolkit](#) – CAPC (US)
 - [Virtual Palliative Care Options](#) - Ontario Telemedicine Network (OTN)
 - [Virtual Care](#) - OntarioMD

Infection Control

- General
 - [Coronavirus Resources for Health Professionals](#) – Waterloo Region Public Health
 - [COVID-19 Information for Healthcare Providers](#) - Wellington Guelph Dufferin Public Health
 - [COVID-19 Guidance for the Health Sector](#) and [Directives](#) – MOH
 - Public Health Ontario
 - [Routine & Additional Precautions Risk Assessment](#)
 - [How to Self Isolate While Working for Health Care Workers](#)
 - [IPAC Recommendations for Use of Personal Protective Equipment for Care of Individuals with Suspect or Confirmed COVID-19](#)
- Geriatric
 - [CLRI Infection Prevention and Control in LTC Learning Modules](#)
 - [Prevention and Management of COVID-19 in Long-Term Care and Retirement Homes](#)

Professional Associations

- General
 - College of Physicians & Surgeons Ontario (CPSO) – [COVID-19 Updates](#)
 - Canadian Medical Association (CMA) – [Framework for Ethical Decision Making During the Coronavirus Pandemic](#)
 - Canadian Nurses' Association (CNA) – [Nurses' Ethical Considerations During a Pandemic](#)
 - Centre for Effective Practice (CEP) – [COVID 19 Resource Centre](#)
 - College of Nurses of Ontario (CNO) – [COVID 19 Practice Resources](#)
 - Ontario Health – [Resources](#)
 - Ontario Palliative Care Network (OPCN) - [Palliative Care Resources](#)
 - Ontario Personal Support Worker Association (OPSWA) – [COVID-19 Emergency PSW Homecare Protocol](#)
- Geriatric
 - AdvantAge Ontario - [COVID-19 Operational Supports and Best Practices](#)

Education

- General
 - [COVID-19 Infection Prevention & Control \(IPAC\) Fundamentals Training – for clinical staff, non-clinical staff, families/caregivers and inspectors](#) - PHO
 - [Infection Prevention and Control \(IPAC\) Core Competencies Online Learning – for health care providers](#) - PHO
 - [PPE Interactive Video & Game Module](#) (20 min) – CNA
 - [COVID-19 Related Webinars](#) – Pallium Canada *Free
- Geriatric
 - [Living with Dementia During the COVID-19 Pandemic Webinar](#) - Dr. Teepa Snow
- Pediatric
 - [COVID-19, Mental Health and Complex Care Webinar](#) (Must log in to review webinar) – Hospital for Sick Children