



### **Pre-requisite:**

Fundamentals of HPC or Equivalent

#### Intended Audience

APPS is designed for **PSWs & Health Care Aides** who have an interest in enhancing their knowledge and skills related to palliative and end-of-life care.

#### Why APPS?

- Peer-reviewed, evidence-informed and up-to-date course content
- Facilitation and mentorship by experienced local palliative care nurse consultants
- Successful completion of APPS prepares learners to meet the palliative care competencies for PSWs as outlined in the <u>Ontario Palliative Care Competency</u> <u>Framework</u> and <u>Canadian Interdisciplinary Palliative Care Competency Framework</u>.

If it has been more than five years since you last took a CAPCE course, you may consider re-taking it, due to continuous changes in hospice and palliative care.

#### **Course Overview**

This 8-week online course builds upon the <u>Fundamentals of HPC</u> Program, and focuses on the PSW's scope of practice relating to the foundational concepts of HPC.

Participants will learn/develop skills and strategies for:

- enhancing communication with the person, family, and team members
- effective team functioning and self care
- relieving common end-of-life symptoms.

Cost: \$40.00
Non-refundable

We are able to offer affordable, quality, and high-value palliative care courses for health care providers, in Waterloo Wellington, due to government subsidies received by our program.

#### **Course Details**

Course Structure: Learners will participate as follows:

- Self-Directed Learning Activities All course work / materials are provided online using the Brightspace Learning Environment; thus, learners are required to use a computer, tablet or smart phone to participate.
- Three Online Classroom Sessions, scheduled three weeks apart, allow time for online, self-directed reading/activities and applying learning to daily practice. Learners attend the three classroom sessions online via a link that will be provided. Please note: This course requires learners to interact with their peers and facilitators during these online classroom sessions.

# For more detail, please review:

Course Content,
Objectives and
Expectations

**Course Activity Outline** 

**Technology Requirements** 

## **Course Availability**

Between the **Course Start Date** and the first **Classroom Session (CS)**, learners are expected to log into the learning platform to complete course readings and activities.

Courses	Course Start Date	<b>CS 1</b> Occurs During Week 2	<b>CS 2</b> Occurs During Week 5	<b>CS 3</b> Occurs During Week 8
Spring 2024	Apr 26, 2024	May 9, 2024	May 30, 2024	Jun 20, 2024
Online	_	9:30 - 11:00 am	9:30 - 11:00 am	9:30 -11:00 am
Register Now!		via Zoom	via Zoom	via Zoom

- **Full Participation** is mandatory to receive a certificate.
- Course/Class Cancellations/Changes <u>Learn more</u>>
- Course IPAQ Requirements <u>Learn more></u>

For more information, contact: hpcinfo@hospicewaterloo.ca