

## ACP Resources List

**The following resources are focused within the Ontario context and could be useful as teaching resources for staff**

1. [Advance Care Planning in Ontario](#) – a website to help Ontarians learn about the Advance Care Planning (ACP) process, including information on substitute decision making (SDM) and consent and capacity.
  - a. [ACP Resource Guide](#) – a resource for anyone with questions around health care consent, ACP, and SDM and includes information on understanding the health care decision-making system in Ontario.
  - b. [Advance Care Planning Workbook](#) – a downloadable online workbook and a useful resource for patients and families.
2. [Person-Centered Decision-Making Toolkit by Speak Up Ontario](#) – a website that provides information and resources to health care providers in Ontario to:
  - a. Prepare people and their SDMs for future decision making (ACP)
  - b. Support decision making by engaging people and caregivers in decision-making conversations when needed (Goals of Care Discussions)
3. [AdvantAge Ontario & OLTCC - Long Term Care Webinar by Hospice Palliative Care Ontario](#) – a very informative webinar that covers Health Care Consent, Advance Care Planning and Goals of care conversations within the LTC context. This free webinar is recommended for all health care providers to learn about these topics; it reviews the legal contexts and provides common case scenarios.
4. [Advance Care Planning Conversations Worth Having](#) – a useful website with a wealth of Ontario-specific resources as well as region-specific events.