

# Dementia Observational System (DOS) Tool

Adapted by Interior Health from the P.I.E.C.E.S. (2008) Resource Guide: A Model for Collaborative Care and Changing Practice, pages 88-92. For clinical and educational purposes only. Shared with permission.

**Use corresponding numbers to record in ½ intervals**

- |                      |                          |
|----------------------|--------------------------|
| 1. Sleeping in Bed   | 5. Restless, Pacing      |
| 2. Sleeping in Chair | 6. Exit Seeking          |
| 3. Awake/Calm        | 7. Aggressive – verbal   |
| 4. Noisy             | 8. Aggressive – physical |

YMD							
Time							
0730							
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0830							
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