



METHOTRIMEPRAZINE (NOZINAN): Uses in Palliative Care

METHOTRIMEPRAZINE is a neuroleptic agent that has **analgesic, anti-emetic, antihistamine, anti-adrenergic and sedative activity.**

USE of METHOTRIMEPRAZINE:

- ✚ **Licensed Use:** For sedation, end of life delirium, restlessness or agitation and as an adjunct to analgesia when some sedation may be desirable or beneficial to the patient.
- ✚ **Unlicensed Use:** Nausea and vomiting. When first line medications have proven less than effective, methotrimeprazine has a broad action.

CARE CONSIDERATIONS will depend on goals of care and indication for use:

- ✚ Watch for excessive drowsiness
- ✚ Monitor for postural hypotension
- ✚ Inflammatory reactions at injection site
- ✚ The injectable preparation contains sodium sulfite which may cause an allergic reaction

DOSAGE:

- ✚ **For Mild Delirium:** 5-12.5 mg PO or s/c q12hr AND 5-12.5 mg PO or s/c q1hr PRN
- ✚ **For Moderate Delirium:** 12.5 mg PO or s/c q 8-12hr AND 12.5 mg PO or s/c q1hr PRN
- ✚ **For Severe Delirium:** 25 mg s/c stat and may be repeated q30 minutes up to 3-4 times
- ✚ **For Nausea & Vomiting:** 2-5 g PO or s/c BID or TID and titrating up to a maximum of 12.5 mg s/c or PO

Doses may vary according to guideline used