Comfort Control Graph Using the PAINAD Scale

Name   (Patient)_**Jane Doe**_____

How to use the PAINAD and this Graph

1. Using the PAINAD Scale, determine the total score (0-10) of the 5 domains of the scale: breathing, negative vocalization, facial expression, body language, and consolability.
2. Noting the date and time of the observation, fill in the appropriate square of the graph for the score. You may want to use color coding, which is suggested for the numbering. This graph allows us to see the trends of the behaviours: note that the numbers do not tell us the severity of the pain: only that it is likely present.
3. There is a Gold Standard for who should do assessments and report pain for the non-verbal person: In order they are
    a. First always, if able, the person suffering the pain.
    b. Second is family, loved ones, and the circle of care for a person looking after him/ her.
    c. Last are health care professionals: research indicates the interpretation of the observations are not as accurate as those provided by the circle of care.
4. Initial in the box and sign with your intials in the space provided .

Observers: _____
MOM _____
DAD _____
TEACHER _____
EA _____
SHIFT NURSE _____
_____
_____

DATE	May 9, 2012																												
TIME			8a	11	12	14	15																						
Directions for charting	**10**																												
	9																												
	8			X																									
	7																												
	6																												
	5																												
	4		X			X																							
	3						X																						
	2				X																								
	1																												
	0																												
Are there any other behaviours you feel should be considered? *Add in the spaces provided and then chart the time it was observed*	Short of breath			X																									
	gagging				X																								

April 25, 2012