HPC Consultation Services
Waterloo Wellington

Palliative Pain and Symptom Management
Pre-Consultation **Workup**

For efficiency in the consultation process, please complete this workup prior to connecting with us.

Patient/Resident Information:		
Initials:	**Age:**	**LTCH:**

Allergies:

Most responsible prescriber (MD/RN-EC):

S – Situation   SBAR Tool

Would you be surprised if this patient/resident were to die in the next 12 months?   Yes ☐   No ☐

Early Identification Guide

Brief description of present issue:

B – Background

Life limiting condition(s):

PPS:

Relevant medical history:

A – Assessment   Pain Assessment Tools

Presenting Symptom	

Onset (When did it begin? How long does it last? How often does it occur?)	
Palliating/Provoking/Precipitating (What brings it on? Makes it better? Worse?)	
Quality (What does it feel like?)	
Region/Radiating (Where is it? Does it spread anywhere?)	
Severity (What tool is being used? Numeric? PAINAD? Average, worst, best scores?)	
Treatment (Current medications/treatments)	
Understanding (What do you believe is causing this symptom?)	
Values (Comfort goal? What is important to patient/family?)	

R – Recommendation   **EOL Symptom Management Guideline**
Recommendations emerge through an active dialogue between the HPC consultant and health care team members.
Team member to connect with:
Best method to connect (phone/email):

Additional Notes