

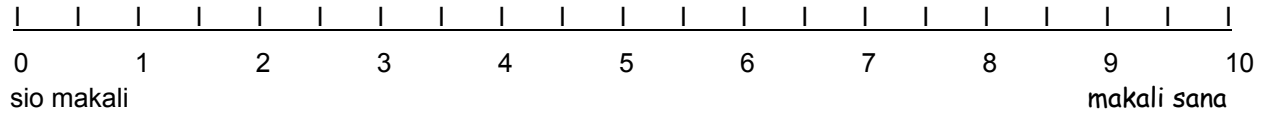
PAIN RATING SCALE

(Swahili)

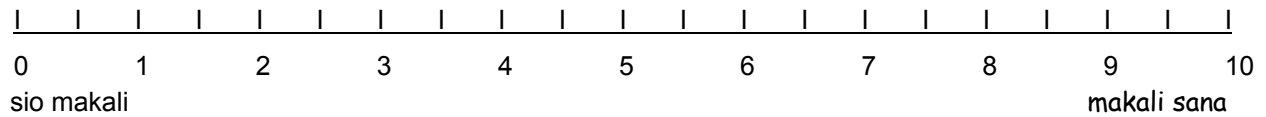
Title: Date:.....
First Name:..... Patient number:.....
Surname:..... Clinic:

Tafadhali tia alama katika kipimo hapa chini kuonyesha hali ya maumivu yako.
Sufuri (0) yaonyesha huna maumivu, na kumi (10) yamaanisha maumivu makali sana.

Maumivu yako sasa ni **makali** kiasi gani?



Maumivu yako yalikuwa **makali** kiasi kagi **kwa wastani wiki iliyopita?**

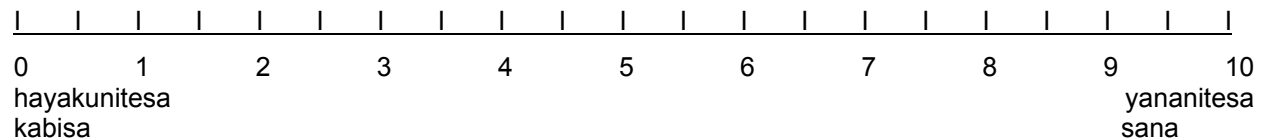


Sasa tafadhali tumia njia hiyo kueleza jinsi maumivu yako **yanavyokutesa**.

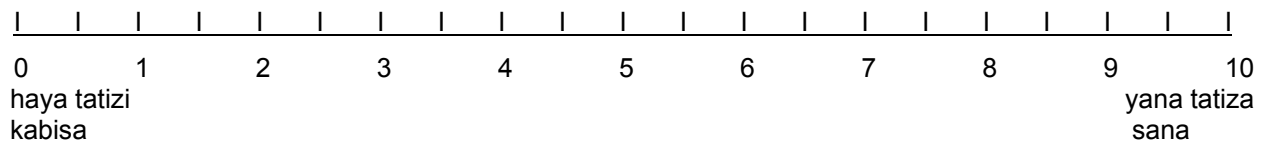
Maumivu yako **yanakutesa** kwa kiasi gani **sasa?**



Maumivu yako **yalikutesa** kiasi gani **kwa wastani wiki iliyopita?**



Sasa tafadhali tumia njia hiyo kueleza jinsi maumivu yako yanavyokutatiza katika shughuli zako za kila siku



Ikiwa umepata matibabu kwa maumivu yako, yamesaidia kwa kiasi gani kuponya (kuondoa) maumivu?

