

PAIN RATING SCALE

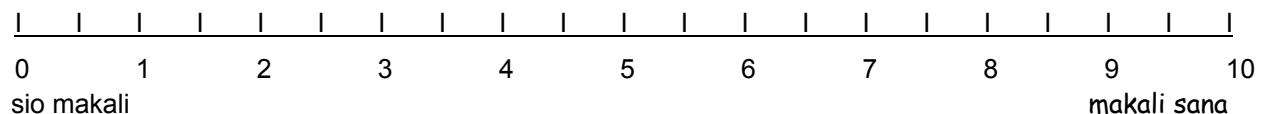
(Swahili)

Title:
First Name:
Surname:

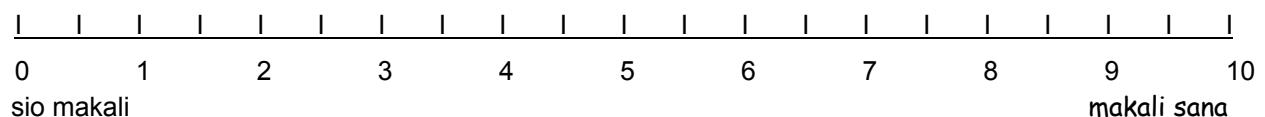
Date:
Patient number:
Clinic:

Tafadhali tia alama katika kipimo hapa chini kuonyesha hali ya maumivu yako.
Sufuri (0) yaonyesha huna maumivu, na kumi (10) yamaanisha maumivu makali sana.

Maumivu yako sasa ni makali kiasi gani?

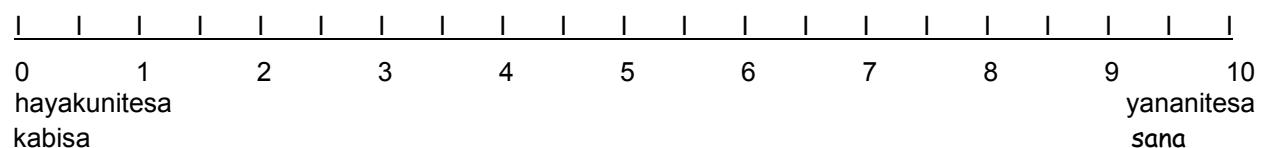


Maumivu yako yalikuwa makali kiasi kagi kwa wastani wiki iliyopita?

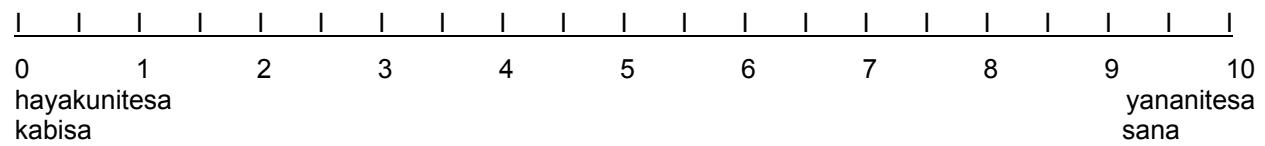


Sasa tafadhali tumia njia hiyo kueleza jinsi maumivu yako **yanavyokutesa**.

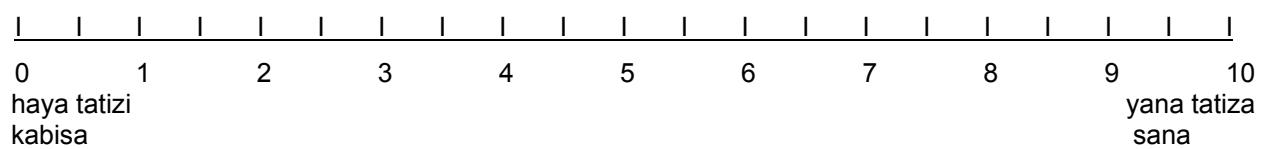
Maumivu yako yanakutesa kwa kiasi gani sasa?



Maumivu yako yalikutesa kiasi gani kwa wastani wiki iliyopita?



Sasa tafadhali tumia njia hiyo kueleza jinsi maumivu yako yanavyokutatiza katika shughuli zako za kila siku



Ikiwa umepata matibabu kwa maumivu yako, yamesaidia kwa kiasi gani kuponya (kuondoa) maumivu?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%
sijapata nafuu nafuu kabisa

The British Pain Society

An alliance of professionals advancing the understanding and management of pain for the benefit of patients

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